



The Vision

The monthly newsletter of the
First Presbyterian Church of Dearborn

October 2005

We glorify Christ by making disciples who share God's love, seek His truth, and serve His World.

**An opportunity to
*share God's love and
serve His world ...***

ChristNet Returns November 6th - 13th

First Presbyterian Church will be hosting guests of the ChristNet program beginning Nov. 6th and ending Nov. 13th. ChristNet provides temporary emergency shelter for men, women, and children from the downriver area. This is the third year First Presbyterian has participated by providing shelter and meals for a one-week period.

Guests arrive nightly for a warm meal, fellowship, and rest. Guests depart each morning with a sack lunch, having had breakfast. Many hands are needed to serve in many ways in this exciting Outreach program. Sign ups to serve will begin in the Narthex in the coming weeks. New helpers are most welcome. For more information or to get your "spot" early, call Susan Schloff at 313-724-5633.

Special Sundays in October



October 2 - In 1933, a Pittsburgh pastor, Hugh Thompson Kerr, had a unique idea. What if churches all around the world celebrated Holy Communion on the same Sunday? He contacted leaders of various denominations worldwide. His idea was met with such warm enthusiasm that celebrating the sacrament on the first Sunday of October is now an annual affair. It unites Christians throughout the world.



October 23 - a special missionary speaker will be featured.

Book of the Every Other Month Club

The Book of the Every Other Month Club (BEOMC) next meets on Saturday, November 12, at 10 am in Room 16, upstairs. Our discussions are led by Wanda Moon. We enjoy coffee, tea, donuts, fellowship and stimulating conversation.

The book for discussion will be *Bodies in Motion and at Rest* by Thomas Lynch. Lynch lives in Milford, Michigan where he is a funeral director. Rated "A Best Book of 2000" by the *Los Angeles Times Book Review*, that publication expounds: "It would be almost worth dying to have [Lynch] at your funeral, not only because of his humor (like Garrison Keillor's, but richer) but mainly because he is ... the embodiment of an antidote to our increasingly impersonal world. Lynch has his finger on the bloody pulse of creation, and what makes him such a fine essayist is that it's just the business of everyday life and death to him. "

Pick up a copy, read it and join us! The book is available at Borders or through Amazon.com.



All-Church Retreat

October 29th

9am-3pm

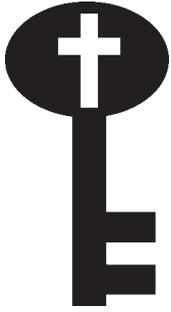
Mitchell Fellowship Hall

(continental breakfast and lunch provided)

Together we will look at:
What do you want from the church?
What do you want for the church?

- Everyone has expectations of the church.
- Everyone has needs and hopes they want the church to fulfill.

This is an opportunity to explore those topics together and learn from one another.



Unlocking your Bible

Have you ever wanted to read your Bible with greater understanding, but don't know where to start? Have you ever asked any of these questions?

- What's really in the Bible?
- How do I get started?
- What tools can I use?
- Where did the bible come from?

Please come join us for a new class during the Wednesday Evening FISH Program. In "Unlocking the Bible" we will explore the Bible, its history, and tools for effective study.



**Attention all Children:
SINGING, HANDBELLS,
DRAMA!!**

Wednesday Nights this fall, we will be continuing our Children's music & drama program. We will be working toward some Sunday morning performances, as well as our Christmas program. We look forward to seeing you on Wednesday evenings, during the FISH/ALPHA class time.

Christian Education News

We glorify Christ by making disciples . . .
who seek God's truth!

As our vision directs, the business God calls us to is that of glorifying Christ. How do we do that? By making disciples . . . people who are active in

sharing God's love,
seeking God's truth, and
serving God's world.

Disciples of Christ, children of God, know His commandments; they know God's word and seek to live faithfully to God's call. How do followers of Christ know the word of God? John writes that they know the word of God because they have *heard* it (1 John 2:7). By hearing the word they know God and overcome evil because the word of God abides in them.

I write to you, children,
because you know the Father.
I write to you, fathers,
because you know him who is
from the beginning.
I write to you, young people,
because you are strong
and the word of God abides in you,
and you have overcome the evil one.

1 John 2:14

How have God's children heard unless they were told? What is Christian Education but the telling of the word of God. It is through the telling of God's Word that we hear the Good News of God's never-ending love for us made known in Jesus and spoken to us through the Spirit.

Are you a disciple desiring to glorify Christ? Are you a disciple who desires to share God's love and serve God's world. If *yes* then seek God's truth so that His word might abide in you and live faithfully to His call.

We have many great opportunities for our whole church family, from the youngest to the oldest, to join in searching God's truth. Opportunities on Sunday mornings include the *Pastor's Class* for adults, and classes for children and teens. On Wednesday evenings, following dinner we have *Unlocking Your Bible* for high school and adult, confirmation for our 8th and 9th graders, and play and music practice for elementary and middle school-aged children.

If you are seeking God's truth then I invite you to come out and hear the word of God. Questions? Call Paul in the church office, 313.274.1313.

From the Desk of Chris Mayer, Our Parish Nurse

October is Clergy Appreciation Month

Eight Ways to Honor Your Pastor This Year

Adapted from an article by Crossings

Pastors need a lot of support from their community. The eight ways listed below will be a positive way to show your pastor you care:

1. **PRAY.** Prayer is the most powerful weapon you can use to help your pastor. They have daily struggles as much as, or more than, we do. Take time to ask the Lord to bless him in his very important ministry.
2. **MAKE AN EFFORT TO LEARN FROM YOUR PASTOR'S MESSAGE.** Try each day to work on your relationship with God, and you'll honor your pastor and the lessons that they teach.
3. **SHOW YOUR PASTOR PERSONAL SIGNS OF APPRECIATION.** A thank you card (traditional or e-card) or an offer to assist them at church functions may not seem like much, but it's a great way to show your pastor that you appreciate them.
4. **GET TO KNOW HIM BETTER.** Take your pastor out to lunch/dinner or invite him and his family over to your house for a meal. Taking the time to get to know your pastor and family will make it much easier for him in the long run.
5. **GET INVOLVED.** Your pastor works hard to turn your congregation into a true community. Reward him by taking an active part in church programs and activities.
6. **HAVE A CELEBRATION.** Pull your congregation together for a special service of appreciation.
7. **SHOW UNDERSTANDING.** Pastors are just as human as the rest of us and they are just as troubled by pressures of life. Show as much compassion for him and his problems as he would show for yours.
8. **SPONSOR A VACATION PACKAGE.** Some pastors just don't have the time, or finances, to plan a real vacation. Work with your church and surprise your pastor and family with a special trip.

Mission Opportunity: Presbyterian Coffee Project

Excerpted from a web article by Rev. Heidi Worthen Gamble, Mission Advocate for Hunger, Poverty and Peace Concerns for the Presbytery of the Pacific.

1-Buying fair trade coffee offers us the opportunity to have a more Christ-like economic relationship with coffee farmers around the world. Whenever we buy a cup of coffee—whether we are conscious of it or not—we enter into a complex web of economic relationships between coffee farmers, middlemen, exporters, distributors and consumers. For coffee farmers, this economic relationship is often exploitative. Why? Because very little of the dollar we spend on a conventional cup of coffee actually reaches the people who worked so hard to grow the beans. Many coffee farmers live in poor rural areas in developing nations on plantations where workers labor long, long hours for very low pay. Or they are small independent farmers isolated from markets and vulnerable to “middlemen” who come to their village and purchase their beans at outrageously low prices while selling the beans at a huge profit for themselves. By purchasing fair trade coffee we witness by our actions—the action of our consumer dollars—that as Christians we are called to live differently in the world. We proclaim that God’s intention is not that workers are exploited, but that everyone has enough.

2-Buying fair trade coffee helps farmers help themselves. By drinking fair trade coffee, we become partners with coffee farmers in developing nations and stand in solidarity with them. Fair trade coffee addresses one of the root causes of hunger in the world today: the deep, deep poverty in rural areas of developing nations. Over 70% of the almost one billion people in the world who are chronically undernourished live in rural areas. By buying fair trade coffee we guarantee that coffee farmers in rural developing nations who work hard every day will be able to put food on the table for their families. Equal Exchange, the fair trade coffee supplier for the Presbyterian Coffee project, guarantees that their farmers get paid a minimum of \$1.26 per pound of coffee, no matter how low the coffee market falls. Because of the volatility of the conventional coffee trade (in 2001 the market fell to .44 cents/pound!), this minimum price guarantee provides coffee farmers with a measure of desperately needed economic stability. Jose Luis Castillo Vasquez, a small coffee farmer from El Salvador with the Presbyterian Coffee Project, says: “Thanks to fair trade, we will not die of hunger.”

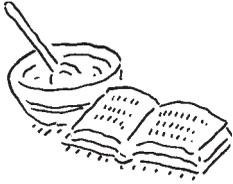
ORDER YOUR COFFEE FROM THE PRESBYTERIAN COFFEE PROJECT

All of the coffee you now drink at the church has been purchased through the **Presbyterian Coffee Project**, and **you can purchase coffee, tea and cocoa for home use through the Project as well.** For every pound of coffee purchased, a contribution is also made to the Presbyterian Small Farmers Fund. You can make your purchase by filling out an order form (found on the information table outside the sanctuary or in Mitchell Hall) and placing it, with your payment, in Angie Saylor’s mail box in the main church office. Orders will be placed the first of *each* month. You will be notified when your coffee, tea or cocoa arrives.

Session News

From the **September 2005** meeting of Session:

- The Finance Committee presented the proposed 2006 budget, which includes a \$147,000 increase over 2005. This increase is due primarily to the addition of an Associate Pastor and an organist on staff in 2006 along with increases in utilities, insurance and \$20,000 to be added to our maintenance reserve fund for building repairs. Session approved the proposed budget as this is what is needed to carry out the ministry of the church. The budget will be reviewed again at the conclusion of the Stewardship campaign. If the campaign does not raise the budget we will not be able to fund all of our ministry staff positions. The Personnel Committee along with the Associate Pastor Nominating Committee will be apprised of this and its implications.
- The Deacons are continuing to provide Session with their monthly list of visitations and immediate concerns so the elders can keep these members in their prayers.



CAN YOU HELP? Looking for fun, fellowship, food, and service? Why not volunteer your group, or get a group together to prepare a dinner for Alpha/Fish on Wednesday nights? Sign up for available dates between now & November 16 or December 7-21. There are many options. You can prepare the meal, order the food already prepared, or ready to heat and serve. We even have an Alpha Cookbook with recipes for large numbers. Sign up on the Christian Education bulletin board. Call or email Sharon Francis with questions or to sign up. 313-562-6936 or srfrancis@comcast.net.



Elders are available to pray for those who need healing prayer. If you would like the elders to arrange a convenient time and place to pray for you, just contact the **Prayer Contact Elder for the month of October: Ina Behrens.** You may contact her at **(313)278-3340.**



New Monthly Feature: A Scripture-Based Devotional

For many years, John Holden has faithfully led Bible study courses at our church. On Labor Day weekend, John finished the last series of classes he plans to teach on a regular basis. We want to express our most sincere gratitude for his insightful, Spirit-filled teaching. He has helped so many of us to seek God's truth. While John will no longer be teaching a class on Sunday mornings, he has agreed to write a Scripture-based devotional for The Vision each month. This month, John writes on ...

Love

I give you a new commandment, that you love one another. Just as I have loved you, you also should love one another. By this everyone will know that you are my disciples, if you have love for one another. John 13: 34, 35 NRSV

The mark of a disciple is love, and groups of disciples (Christian churches) should be known by outsiders primarily for the love they have for one another. A church should be widely recognized as a group of people who openly share and experience love – and, best news of all, anyone can join this loving group if they will become Christ's disciples!

What makes disciples so loving? Everyone who loves is born of God and knows God. Whoever does not love does not know God, for God is love. We love because He first loved us (1 John 4:7, 8, 19). God's love has been poured into our hearts by the Holy Spirit that has been given to us (Romans 5:5). Disciples have learned that the only thing that counts is faith working through love. Christians display Spiritual fruit (love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control) in their lives (Galatians 5:6, 22, 23). Disciples love because they have been reborn of God, they know God, they have experienced God's love, and they yield to the indwelling Holy Spirit.

Touch of Hope Back to School Offering



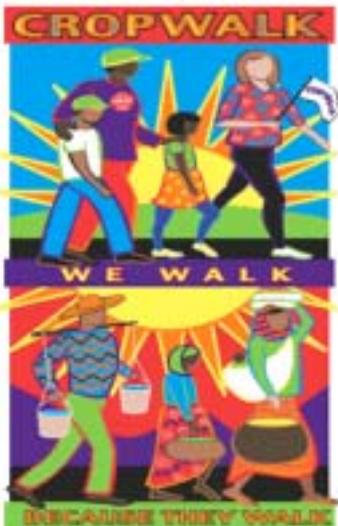
Thirty- two children started back to school with new backpacks and needed supplies.

Thanks to Sharon Francis for using her thrifty shopping skills and efficient organizing skills. Margie Maurer was busy coordinating families and pickup times.

The backpacks were assembled by Sue and Katie Sullivan, Lynn and Jared Hoffman, Caroline Bristol, Fran Buckley, Kay and Bill Was, Sharon Francis and Margie Maurer. The job went quickly and we thank all our great helpers.

Our faithful sponsors had the offerings delivered before school started. Their loyal commitment is appreciated.

The children in the Touch of Hope program are grateful for our back to school support.



Crop Walk 2005

The 2005 Dearborn - Dearborn Heights CROP Walk will be on Sunday, October 2 at 2:00pm. If anyone is interested in walking and raising funds for everything from local soup kitchens to emergency assistance around the world, please contact Joel DeHamer at 313-565-0562 or email jdehamer@wowway.com.

We glorify Christ by making disciples . . .

who serve God's world

The 2005 GrouPeru Team are anxious to share with you some of our experiences from this year's mission down in Peru, South America. It is truly amazing how God continues to use this congregation in service with Union Biblica del Peru (Scripture Union) to reach out to so many hurting, hungry, helpless, dying people. To serve in the name of Jesus with water, sweat, play, crafts, skits, patience, songs, smiles, hugs, instruments, and even with soccer balls and uniforms!

and share God's love!

The hurricane season isn't even finished yet but the devastation caused by Katrina and Rita are practically unfathomable, even more so to those of us who return home every evening after a day of work to the comforts of our homes and a meal prepared in our kitchens. How in the world can we share God's love to the hurting who face such loss . . . in many cases the loss of family and friends? The Youth want to respond in some meaningful way . . . and we would love for you to join us!

To be a disciple of Christ is to live to glorify him. Our desire is to make him known through the thoughts we think, the words we speak, the actions we perform. God has blessed us so abundantly so how do we respond in thankful ways that share God's blessings with others? Come and see . . . come and hear . . . come and have dinner...

**Saturday, October 15, 2005
6:30pm, in Mitchell Hall**

Come and hear how God is at work among and through this congregation to serve His world. Come and see how God is leading us to share His love in new ways.

October

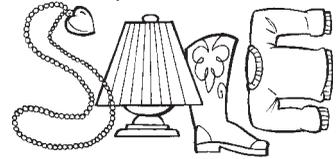
A Very Happy Birthday to...



- | | |
|-----------------------------|--|
| 1 Lois Wightman | 19 Shirley Painter |
| 2 Beth Romeo | 20 Margaret Tomlinson |
| 2 Chris Edick | 21 Gregory Bird |
| 2 Paul Edick | 21 Mariann Young |
| 3 Bunny Hall-
Mainwaring | 21 Lisa Sherman |
| 4 Robert Kuhlman | 22 Katherine McFadden |
| 4 Dorothy Tomniac | 23 Helen Adams |
| 4 Herbert Lamkin | 23 Peter Larson |
| 5 Virginia McCandless | 23 Lynne Blosser |
| 5 Lynn Giovannini | 23 Kelly Fitzgerald Nyquist |
| 8 Eldon Beery | 24 Warren Dubitsky |
| 8 Ruth Sluiter | 25 David Cressman Smith |
| 8 David Hall | 25 Leah Setterlun |
| 9 Robert Behrens | 25 Michael Witkowski |
| 9 Anne Dearth | 26 Anne Witkowski |
| 10 Nellie LePard | 26 Shirley Swancutt |
| 10 Paula Davis | 26 Laurie Gentinne |
| 10 Frank T. Jones, III | 26 Tony Saylor |
| 12 John Holden | 27 Carol Wade |
| 12 Laura Pierce | 27 Lindsey Widener |
| 12 Anthony Koustas | 28 Paula Schroeder |
| 13 Norma Griffith | 28 Devin Nagy |
| 13 Lois Riopelle | 28 Javier Ramos, III |
| 13 Karen Fuller | 29 Marsha Baumgartner |
| 14 Marion Zimnicki | 29 Lauren DeHamer |
| 16 Jonathan Ytterock | A belated Happy Birthday to
Bill Kennedy - September 8th. |
| 17 Sharon Francis | |
| 17 Alison Drzinski | |

*If we missed a birthday in error, please put a note in the Vision box in the office.

TREASURE CHEST RUMMAGE



October 5 & 6

Donated items will be accepted at the church through Oct. 2.



**Wednesday &
Thursday
October 5 & 6
10am - 6pm**

Presbyterian Women are holding a Silent Auction during the Treasure Chest Mini Rummage Sale. This is the last call for donated items. Please bring them to the church on Sunday, October 2 to Mitchell Hall. Please contact Carolyn Buell, 313-274-4811, if you have questions, need to make other arrangements, or can volunteer just a few hours to help.

▶▶▶ Odds & Ends ▶▶▶

With Sympathy

to the families of:

~Jack Painter

~Loretta Law

~Ralph Denton

The Matter of Conscience

A Sunday school teacher asked her class, "What happens when someone's conscience bothers them?" A boy spoke up and said, "It makes you tell your mother what you did before your sister tells on you."



October Prayer Focus

This month, please keep the following in your prayers:

The All-Church Retreat

The High School and College Retreat

The Stewardship Campaign

Our Pastor

Growth

At what instant does the summer change?

What subtle chemistry of air

and sunlight on the clean and windsmooth sand?

The small birds at the water's edge—
yesterday they were not there.

So suddenly the magic door is shut,

the trio suddenly is done,

the clasped hands inexplicably apart;

however clear, however bright,

the road we traveled on is gone.

-Jane Tyson Clement, 1917-2000

Thank You!

I wish to express my thanks to all my Church family for their prayers, get well wishes, and visits during my recent surgery and recuperation. It is great to be part of such a caring Church.

~Julia Casey

The deadline for the November edition of *The Vision* is October 15, 2005.

Place any submissions in the VISION box in the church office or email them to Angela Saylor at AJN37@aol.com.



Can You Help? The Grandale Tutoring Program Needs You!

It's a great opportunity! The Grandale Tutoring Program is in need of tutors this coming school year. Detroit is the nation's poorest big city and nearly half of Detroit's children 17 and under live in impoverished homes. Volunteering is a great way to help one of these children. The program runs on Tuesdays from 6:30-8:00pm at St. Paul's Presbyterian Church in Livonia. The first session will start on Tuesday, October 4 and run through December 13 or 20. We plan to have additional sessions after the first of the year which will include January-March and April-June. No experience required! Your time will be spent assisting with homework, reading and/or math and developing a "caring" relationship. Please contact me at 734-464-7552 (home) or 313-336-1649 (work). We will miss Gary Eckle dearly as he was a dedicated tutor.

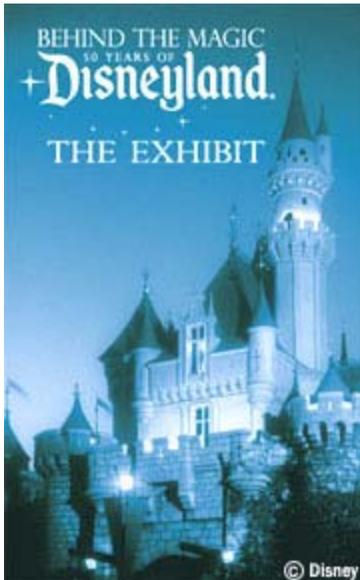
Maureen Farquhar
Grandale Mission Board.



Presbyterian Disaster Assistance (PDA) relief and recovery teams have been deployed across five southern states in response to the destruction and human suffering caused by Hurricane Katrina and the flooding that followed. The PCUSA urges everyone to pray and to give their time and money to relief efforts.

The PCUSA website offers many ideas of how you can help (www.PCUSA.org/Katrina). These are just two:

- Volunteer for hurricane relief by calling (866) 732-6121. You can register a work team to go and work in affected areas, offer housing for victims, and make arrangements for special donations of goods.
- Create and donate "Personal Health Kits" or "Hope-in-a-Box Kits" for hurricane evacuees. These kits are needed through mid-October. Information on how to make and ship kits can be found at <http://www.pcusa.org/katrina/kits.htm#3>.



Attention Keenagers

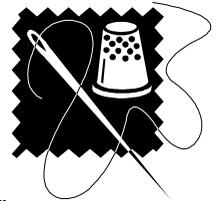
Mark you calendars for **Wednesday October 26th** for a short in house meeting, then carpool to **The Henry Ford museum** to see the world premiere exhibit: ***Behind the Magic - 50 Years of Disneyland.***

This exhibit will be shown first here in Dearborn and then move on in January to other cities in the country.

Cost is **\$10.00 per person.....** Checks to **Keenagers, c/o PeterJohnston** by Friday October 21st.

We will have lunch at a local restaurant.
Sign up on the Keenager bulletin board.

Mission Sewing Alert!



All donated articles for the Mission Sewing In- Gathering must be turned in by October 7th in order to give us time to package and label, etc. This process has become more time-consuming so we need more time. If you have signed up to purchase items which are on the list which is located on the Presbyterian Women's bulletin board and have them on hand, please place them in the bin under the counter in the parlor kitchen. If you plan to donate but have not yet purchased the items, please do so very soon. Also, those of you wonderful sewers who took kits home for sewing, we need them by the same date. Many thanks.

Olimpia Todor,
Mission Sewing Coordinator

Focus **on** Folks: Sue Yarrington Young

Length Of Time at FPC: About 9 years

Background Info: I grew up in Cleveland, Ohio. My father passed away when I was 5-years old and my mother, a hairdresser, was faced with the daunting task of raising three children. My sister and brother were 5- and 6-years older than I. My maternal grandfather, a German immigrant who earned his living as a chauffeur (and was quite a penny pincher), paid off my mom's house mortgage, bought her a car, and built a beauty shop in the basement of our home. From that point on we were financially on our own. I have great admiration for my mom and the sacrifices she made to raise her children. She certainly taught me to be independent and self-sufficient, a trait that can have its benefits as well as detriments. (Like not being willing to depend on anyone else for anything.) Shortly after I graduated from Ohio State University, I started working for IBM in computer sales. Having had the opportunity to work in quite a variety of different positions over the last 29-years, I feel very blessed that God led me to this company. Thank you, Lord!

How/When I became a Christian: I first confessed Jesus Christ as my Lord and Savior after going through our church's confirmation program in about 7th grade. Since then, my faith journey has been a slow but steady one. When my mother died of cancer when I was 22-years old, God led me to a church in Columbus, Ohio. I had drifted from church and God at the time, but I managed to rationalize to myself that I was joining this church just because they had a wonderful choir and I really missed singing. (God can really be creative!) There I met a wonderful couple, Don and Thelma Ross, who took me under their wing and "adopted me" into their family. They were a great example for me of a strongly devoted Christian family who were very comfortable talking openly about their faith (something my family had never done although we were certainly faithful disciples).

Looking back, it is clear to me now that God was with me every step of the way from losing my mother at age 22 to losing my first husband through an unexpected divorce when my boys, Travis and Zach, were newborn and 2-years old. (And at the same time that IBM decided to shut down the office where I was working in Kansas City!) Five years later God led me to my wonderful husband, Dave, who has been a tremendous gift in my life. Not only has God always been with me, He has always abundantly supplied my every need even though I have done nothing to deserve it. How amazing and unlimited His grace truly is!

(continued on next page)

Focus on Folks: Sue Yarrington Young, continued

Activities/Ministries at FPC: I have taught Sunday School, including FISH & VBS, for many years and served as the committee chair for Children's Education for three years. Although a current member of the Praise Band, I have also sung in the Chancel Choir. I am an active member of the Rebekah Circle and have enjoyed serving as an Alpha Leader. Attending Adult Sunday School classes is also a source of pleasure and benefit for me. My activities at FPC have reconfirmed to me time and again that in giving, it is also we who receive back in abundance.

Favorite Leisure activities: Music is an important part of my life. Although I truly love many different types of music, I currently spend my time listening to and singing contemporary "upbeat" Christian rock or gospel. In the last year I have made more time to read the Bible regularly as well as various inspirational Christian non-fiction which has been a great source of pleasure. I love to do crafts but in the words of Patsy Clairmont, "I have more crafts than I do crafts!" (my husband, Dave, will attest to this). Of course, I treasure being with my two teenage boys, Zach and Travis, when they are willing to "give me some time". Lastly, I thoroughly enjoy eating my husband, Dave's, delicious cooking (perhaps a bit too much)!

Favorite Book: This is a very tough question. From a fiction standpoint, one of my favorite books is Life of Pi by Yann Martel. Some excellent non-fiction books I've read this year are Just Give Me Jesus by Anne Graham Lotz and Fresh Wind, Fresh Fire by Jim Cymbala.

Favorite Movie: I don't see a lot of movies but I really like almost any movie with Tom Hanks. One of my favorites of his is Cast Away.

My Favorite Foods: I love anything with cream in it! Ice cream is certainly on the top of my list but anything with cream will do!

Favorite Music: As mentioned, I truly love all types of music. If I had to name my favorite piece of all, it would have to be Handel's Messiah. It really moves me.

Favorite TV program: Okay, I just really don't watch TV. When any of the professional or college sports get to play-off time, I enjoy watching almost any play-off game. (I'll pass on bowling though.)

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Focus on Folks: Sue Yarrington Young, *continued*

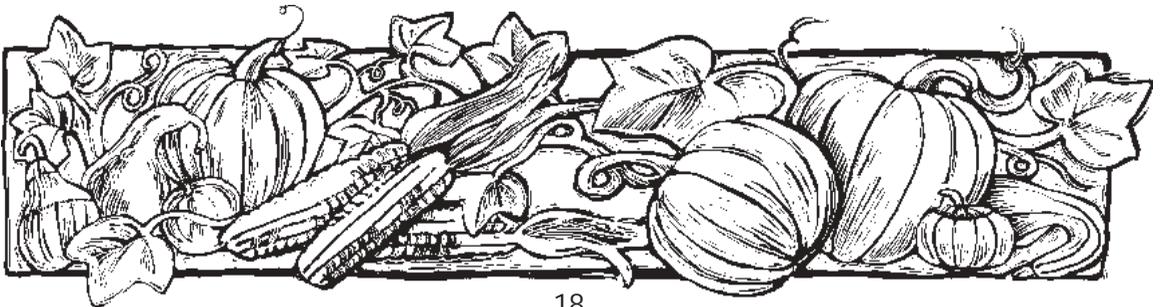
My Favorite Place: Although I love to travel and have traveled quite a bit, my most favorite spot is to be curled up in my den with a good book overlooking our very beautiful back yard. I love nature and receive great peace by being in it and around it.

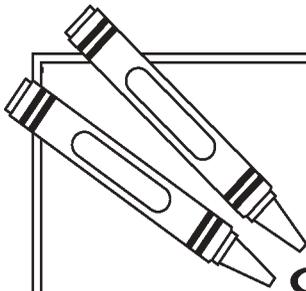
What makes me Laugh: That's easy – children! I love being around children and get great joy from being with them. I love to laugh with them and be an encourager to them. Nothing else gives me as much pleasure.

My Favorite Bible Passage: Wow – another tough question! There are so many great Bible passages. The one that I have on my desk is John 1: 1-18. For me it really cuts to the core. I would have to say my favorite book of the Bible is Ephesians. I believe that God was not only writing this letter through Paul to the Ephesians but to you and me as well. If you haven't read it for a while, I recommend reading it from that perspective sometime. I am especially drawn to Chapters 4-6 where Paul encourages us to live as "Children of Light" for God.

The person I would like most to meet and why: I delight in hearing the Women of Faith speakers and would love to meet any of them: Patsy Clairmont, Sheila Walsh, Thelma Wells, Lucy Swindoll, Marilyn Meberg or Mary Graham. If you're a woman and have never heard them speak, you are really missing out! Visit their website at www.womenoffaith.com.

The thing that might surprise people about me: Do you remember those huge "3-day" big flat candy suckers that you could buy at the fair when we were kids? Once when I was in about 3rd grade I had a beautiful rainbow colored one about 8" in diameter. I cherished that sucker! My older brother who was always teasing me dared me to break my sucker over the top of his head. I did!! It shattered into about a hundred pieces and he laughed while I cried. (I'm sure his head hurt but he wouldn't admit it.)





Just for KIDS

GOOD MEDICINE

During this time of year many people get a cold or the flu. Doctors can give medicine to help those people feel better. The Bible suggests something that we can give to make someone feel better anytime of the year. Proverbs 17:22 says, "A cheerful heart is good medicine" What is the best way to show our cheerfulness?

Connect the numbered dots to find out!

Start > 28 > 40 > 50 > 49 > 48 > 47 > 34 > Stop

Start > 4 > 5 > 16 > 27 > 26 > 15 > 4 > Stop

Start > 34 > 45 > 56 > 68 > 80 > 92 > 104 > Stop

Start > 57 > 69 > 81 > 70 > 59 > 58 > 57 > 70 > Stop

Start > 70 > 71 > 72 > 73 > 74 > 65 > 75 > 85 > 74 > Stop

Start > 7 > 18 > 29 > 30 > 19 > 8 > 7 > Stop

Start > 65 > 64 > 63 > 62 > 61 > 60 > 59 > Stop

Start > 66 > 55 > 44 > 53 > 52 > 51 > 50 > Stop

Start > 104 > 105 > 106 > 96 > 86 > 76 > 66 > Stop

Start > 112 > 111 > 122 > 123 > 134 > 133 > Stop

Start > 81 > 93 > 82 > 71 > 60 > Stop

Start > 135 > 124 > 113 > 125 > 115 > 126 > 137 > Stop

Start > 93 > 94 > 83 > 72 > 61 > Stop

Start > 120 > 119 > 130 > 141 > 142 > Stop

Start > 116 > 127 > 138 > Stop

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Start > 117 > 128 > 139 > 140 > Stop

Start > 94 > 95 > 84 > 73 > 62 > Stop

Start > 85 > 95 > Stop

Start > 130 > 131 > Stop

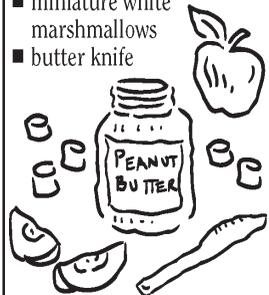
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89	90	91	92	93	94	95	96	97	98	99
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122	123	124	125	126	127	128	129	130	131	132
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133	134	135	136	137	138	139	140	141	142	143

Apple Smiles

This recipe is easy to make and is sure to put a smile on anyone's face.

Here is what you need:

- apple (red if possible)
- peanut butter or cream cheese
- miniature white marshmallows
- butter knife



Here is what you do:

1. Cut the apple into wedges.
2. Spread peanut butter or cream cheese on one side of two wedges.
3. On one of the wedges, stick a few marshmallows in a row to look like teeth.
4. Put the other apple wedge on top with the creamy side down.
5. Share them with your friends and family.
6. Smile and enjoy!



Newsletter of The First Presbyterian Church
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